

HEALTH DISTRICT @ QUEENSTOWN

Vision

An inclusive community that leads healthy, active and productive lives across their life course, in a quality living environment that sustainably addresses the determinants of health and enables ageing-in-place

About the Pilot Health District

- A first-of-its-kind multi-stakeholder collaboration that sets out to address the multiple determinants of health and strengthen ways to anticipate and address residents' health and well-being holistically across their life stages
- A journey with residents and community partners to co-create and pilot solutions with a focus on promoting health and wellness. Solutions evaluated to be effective will be scaled up across Singapore
- A pathfinder and an enabling platform for innovation with residents and stakeholders tapping cross-sectoral expertise

Focus Areas

- Implement planning and design solutions to support ageing in place, social and mental well-being, and an active lifestyle
- Encourage uptake of preventive health recommendations and shift care delivery from hospital to or near residents' homes
- Enable purposeful longevity by providing opportunities for residents to work, volunteer and participate in lifelong learning
- Co-create affordable technological solutions with the community to improve residents' lives, promote health and overcome barriers in technology adoption in the community

Multi-stakeholder Collaborative Efforts

- Given the multiple determinants of health and the built environment, the development of the Health District is jointly led by 3 organisations:
 - The Housing & Development Board (HDB)
 - National University Health System (NUHS)
 - National University of Singapore (NUS)
- Residents and other stakeholders will be engaged to co-create solutions



Enhancing Residents' Well-being

The Health District aims to help residents live well holistically by:

- Promoting healthy longevity
- Enabling purposeful longevity
- Promoting intergenerational bonding
- Empowering people of all ages with a choice to remain in their community